

# It Looks Like Pain

**Count:** 64    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Gudrun Schneider (May 2014)

**Music:** Chris Cummings - It Looks Like Pain

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**The dance start after 16 count.**

## **Rock across, rock side, behind side cross, hold**

- 1-2            Cross right over left, recover on leftRock (12:00)
- 3-4            Rock right to the right side, recover on left
- 5-6            Cross right behind left, step left to left side
- 7-8            Cross right over left, hold

## **Side-together-step-touch, rocking chair**

- 1-2            Step left to left side, step right next to left
- 3-4            Step forward on left, touch right next to left
- 5-6            Rock forward right, recover on left
- 7-8            Back rock right, recover on left

## **¼ turn l-Step r, touch, ¼ turn l-step forward l, hold, ½ turn l-back r-hold, back l, close**

- 1-2            ¼ Turn left - Step right to right side, touch left next to right (9.00)
- 3-4            ¼ Turn left - Step left forward - hold(6.00)
- 5-6            ½ Turn left - Step back right - hold (12.00)
- 7-8            Step back left, step right next to left

## **Rocking chair, step look step, touch**

- 1-2            Rock forward left, recover on right
- 3-4            Back rock left, recover to right
- 5-6            Step forward left, lock right behind left
- 7-8            Step forward left, touch right next to left

## **Side-touch, ¼ turn l-side-touch, ¼ turn r-side-touch, ¼ turn l-side-touch,**

- 1-2            Step right to right side, touch left next to right
- 3-4            ¼ turn l-step left to left side, touch right next to left (9.00)
- 5-6            ¼ turn l-step right to right side, touch left next to right (6.00)
- 7-8            ¼ turn l-step left to left side, touch right next to left (3.00)

**(Restart: on wall 3, facing 9 o'clock)**

## **Rock across, side, hold, rock across, side, hold**

- 1-2            Cross right over left, recover to left
- 3-4            Step right to right side, hold
- 5-6            Cross left over right, recover to right
- 7-8            Step left to left side, hold

**Rock step, ½ turn r, step forward, hold, step turn step, hold**

- 1-2 Rock forward right, recover to left
- 3-4 ½ turn right stepping forward on right, hold (9.00)
- 5-6 Step forward on left, ½ turn right (3.00)
- 7-8 Step forward on left, hold

**Slow coaster forward, hold, slow coaster step l, hold**

- 1-2 Step forward on right, step left next to right
- 3-4 Step back on right, hold
- 5-6 Step back on left, step right next to left
- 7-8 Step forward on left, hold

**Restart: On wall 3 after 40 counts, facing 9 o'clock.**

**Have fun!**

**Contact: [www.gudrun-schneider.com](http://www.gudrun-schneider.com) - [gudrun@gudrun-schneider.com](mailto:gudrun@gudrun-schneider.com)**