[](http://www.copperknob.co.uk/stepsheets/the-bomp-ID104775.aspx)The Bomp

 **Count:** 64 **Wall:** 2 **Level:** Improver
 **Choreographer:** Kim Ray (May 2015)
 **Music:** Who Put The Bomp? by The Overtones (Saturday Night At The Movies Album) [89 bpm - 2:36 mins]

**Intro: 8 counts once music kicks in**

**S1: TOE STRUTS, ROCKING CHAIR**
1-2 Step forward on right toe, drop down heel
3-4 Step forward on left toe, drop down heel
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left (12o/c)

**S2: TOE STRUTS, ROCKING CHAIR**
1-2 Step forward on right toe, drop down heel
3-4 Step forward on left toe, drop down heel
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left (12o/c)

**S3: STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS HOLD**
1-2 Step forward on right, hold
3-4 ½ pivot turn left, hold (6o/c)
5-6 Step forward on right, ¼ pivot turn left (3o/c)
7-8 Cross right over left, hold

**S4: STEP BACK LEFT, HOLD, STEP BACK RIGHT, HOLD, LEFT SHUFFLE FORWARD, HOLD**
1-2 Large step back on left pushing bum back, hold
3-4 Step right next to left, hold
5-6 Step forward on left, step right next to left
7-8 Step forward on left, hold (3o/c)

**S5: SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER,**
1-2 Large step to right side, hold
3-4 Rock back on left, recover on right
5-6 Large step to left side, hold
7-8 Rock back on right, recover on left (3o/c)

**S6: RUMBA BOX WITH HOLDS**
1-2 Step side right, step left next to right
3-4 Step forward on right, hold
5-6 Step side left, step right next to left
7-8 Step back on left, hold (3o/c)

**S7: RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD**
1-2 Step back on right, cross left over right
3-4 Step back on right, hold
5-6 Step back on left, step right next to left
7-8 Step forward on left, hold (3o/c)

**S8: WALKS FORWARD, HOLD, RUN ¾ TURN LEFT**
1-2 Step forward on right, hold
3-4 Step forward on left, hold
5-6 Start to make a ¾ turn left, run round stepping right, left
7-8 Finish ¾ turn left, running round stepping right, left (6o/c)

**Ending: You will finish dance facing front wall - dance first 16 counts then:-**
**Stomp right foot forward and splay arms to sides.**

**Contact: kim.ray1956@icloud.com**