

# HEART OF ROCK & ROLL



Choreographed by Amy Christian and Jane Boyd. (March 2016)

32 Count, 4 Wall, Easy Intermediate Line Dance with 2 easy Tags.

Music: The Heart Of Rock and Roll by Huey Lewis And The News.

Sequence: 32 intro, 32, Tag 1, 32, 32, Tag 2, 32, Tag 1, 32, 32, Tag 2, 32, 32, 32, Tag 1, 32... until the end.

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## **KICKBALL CHANGE, KICK, KICK, R COASTER, KICK, KICK,**

1&2 R Kickball Change,

3-4 Kick R across L, Kick R to right side,

5&6 R Coaster Step,

7-8 Kick L across R, Kick L to left side,

## **L COASTER, STEP, PIVOT ½, ¼ JAZZ BOX CROSS,**

1&2 L Coaster Step,

3-4 Step fwd on R, Pivot ½ turn left, stepping fwd on L, [6:00]

5-8 ¼ Jazz Box Cross, (Cross R over L, ¼ turn left, stepping L back, Step R to side, Cross L over R)[9:00]

## **BIG STEP SIDE, DRAG L, L COASTER, TOE STRUT, TOE STRUT,**

1-2 Big step to right side on R, Dragging L towards R,

3&4 L Coaster Step,

5-8 R Toe Strut, L Toe Strut, (Shimmy shoulders)

## **STEP, PIVOT ¼, STEP, PIVOT ¼, ROCKING CHAIR,**

1-4 Step fwd on R, Pivot ¼ left on L [6:00], Step fwd on R, Pivot ¼ left on L, [3:00]

5-8 Rocking Chair (Rock fwd on R, Recover back on L, Rock Back on R, Recover on L),

**TAG 1 – 2 Counts** – AFTER WALL 1, WALL 4 (Done facing 3:00) & AFTER WALL 9 (Done facing 9:00)

1-2 **BUMP RIGHT, BUMP L** (Weight ends on L),

**TAG 2 – 16 Counts** (“HEART BEATS”) AFTER WALL 3 & WALL 6. (Begin tag facing 9:00 wall, both times).

## **STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, SCUFF,**

1-2 Step R fwd, Hold, [9:00]

&3-4 Step on ball of L - next to R, Step fwd on R, Scuff L heel,

5-6 Step L fwd, Hold,

&7-8 Step on ball of R - next to L, Step fwd on L, Scuff R heel, start turning right, [11:00]

## **1/4 STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, TOUCH,**

1-2 ¼ Turn right, Step fwd on R [12:00], Hold,

&3-4 Step on ball of L - next to R, Step fwd on R, Scuff L heel,

5-6 Step L fwd, Hold,

&7-8 Step on ball of R - next to L, Step fwd on L, **TOUCH R next to L** [12:00]

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