

LLH Shuffle

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Roger Ingmire – August, 2016 - FL

Music: The Rock by Ms. Jody (Shorten Version)



Intro: 16 counts - Rotation: CW; Weight on left

[1 - 8] Right Triple Forward, Left Triple Forward, Sway 4X

- 1 & 2 Step right forward, step left beside right, step right forward
- 3 & 4 Step left forward, step right beside left, step left forward
- 5 - 8 Step right to side swaying right, left, right, left (weight ends of left)

[9 - 16] Right Triple back, Left Triple back, Sway 4X

- 1 & 2 Step right back, step left beside right, step right back
- 3 & 4 Step left back, step right beside left, step left back
- 5 - 8 Step right to side swaying right, left, right, left (weight ends on left)

[17 - 24] Lindy Shuffle Right, Lindy Shuffle Left

- 1 & 2 Step Right to side, step left beside right, step right to side
- 3 - 4 Rock back left, recover right
- 5 & 6 Step left to side, step right beside left, step left to side
- 7 - 8 Rock back on right, recover on left

[25-32] Right Jazz Box, Right Jazz Box 1/4 turn

- 1-2 Cross right over left, step left back
- 4-5 Step right to side, step left together
- 5-6 Cross right over left, step left back
- 7-8 Turn 1/4 right and step right forward, step left together

DANCE STARTS OVER

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