Feel The Beat

Start on vocals, weight on left.

**STOMP, HEEL BOUNCE X 3, ROCKING CHAIR**

1,2,3,4  Stomp R foot forward, bounce heels 3 times taking weight onto R

5,6,7,8  Rock forward onto L, rock weight back to center, Rock/step back onto L and rock weight to R

**WALK L,R,L, KICK R, DIAGONAL STEPS BACK**

1,2,3,4  Walk forward L,R,L and kick R foot forward, while clapping hands

5,6,7,8  Step R foot back to R diagonal, touch L together and clap, Step L foot back to L diagonal, touch R together with L and clap hands.

**VINE RIGHT, VINE LEFT ¼ TURN SCUFF**

1,2,3,4  Step R to R side, step L behind R, step R to R side and touch L together.

5,6,7,8  Step L to L side, Step R behind L, ¼ turn L stepping forward onto L and scuff right forward (9 O’Clock)

**ROCKING CHAIR, 2 ½ PIVOTS**

1,2,3,4  Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L

5,6,7,8  Step R foot forward pivot ½ turn over L shoulder take weight onto R, repeat.

**[32] COUNTS – RESTART DANCE**

Tag: At the end of wall 10 facing 6 0’Clock Wall
Repeat the last 8 counts then restart the dance

1,2,3,4  Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L

5,6,7,8  Step R foot forward pivot ½ turn over L shoulder take weight onto R, repeat.

Ending: at the end of the dance add an extra ½ pivot to bring you to the front.

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