

HOLD ON TO...

Choreographed by **Rosie Multari** Dec 2013 multari@aol.com

4 Wall, 32 counts **Beginner level** No tags, no restarts

Music: **I Hold On by Dierks Bentley** (118 BPM) available on amazon.com & amazon.co.uk

Non-country song: **Legendary Lovers by Katy Perry** (120 BPM) available on amazon.com & amazon.co.uk

Oldies song: **Isn't She Lovely by Stevie Wonder** (132 BPM) available on amazon.com & amazon.co.uk

Counts	Step Description
1-8	LINDY RIGHT, VINE LEFT
1&2,3,4	Step R to side(1), step L next to R(&), step R to side(2), rock L behind R(3), Recover weight to R (4)
5-8	Step L to side (5), cross R behind L (6), step L to side (7), cross R over L(8)
9-16	LINDY LEFT, VINE RIGHT
1&2,3,4	Step L to side(1), step R next to L(&), step L to side(2), rock R behind L(3), Recover weight to L (4)
5-8	Step R to side (5), cross L behind R (6), step R to side (7), step forward L (8)
17-24	SHUFFLES, ROCK FORWARD & BACK*
1&2,*3,4	Step R forward(1), step L next to R(&), step R forward(2), rock L forward(3), Recover weight to R(4)
5&6,*7,8	Step L back(5), step R next to L(&), step L back(6), rock R back(7), Recover weight to L(8)
25-32	¼ TURN LEFT, STEP & POINTS
1-4	Step forward R (1), 1/8 turn left shifting weight onto L (2), Step forward R (3), 1/8 turn left shifting weight onto L (4),
5-8	Step forward R (5), Point (tap) L to side (6) Step forward L (7), Point (tap) R to side (8)

***Choreographer's note:** For more experienced dancers, if you prefer, you can substitute ½ turn pivots for the rock steps in the third section (17-24) creating a Shuffle Forward R, ½ Pivot right, Shuffle Forward L, ½ Pivot left. Enjoy!!!