

# Just Forget

**COPPER KNOB**  
BY CONNECTION

**Count:** 32    **Wall:** 2    **Level:** Improver

**Choreographer:** Silvia Schill – August 2019

**Music:** Forget About It by Michael Ray



**The dance begins with the vocals**

## **Walk 2, Mambo Forward, Back 2 (with Swivels), Coaster Step**

- 1-2 2            steps forward (R - L)  
3&4            Step forward with RF - weight back on LF and step backwards with RF  
5-6 2            steps backwards, turning the front toe of each foot from the inside to the outside (L-  
R)  
7&8            Step back with LF, RF beside LF, step forward with LF

## **Rock Forward, Shuffle Back Turning ½ R, Rock Forward, Shuffle Back Turning ½ L**

- 1-2            Step forward with RF - weight back on LF  
3&4            ¼ turn right and step with RF to right, LF beside RF, ¼ turn right and step forward  
with RF (6 o'clock)  
5-6            Step forward with LF - weight back on RF  
7&8            ¼ turn left around and step with LF to left - RF beside LF, ¼ turn left and step  
forward with LF (12 o'clock)

**Restart: In the 2nd lap - direction 6 o'clock - stop here and start from the beginning**

**Restart: In the 4th and 5th round - direction 12 o'clock - stop here and start from the beginning**

## **Shuffle Forward Turning ½ L, ¼ Turn L/Chassé L, Rock Across-Side-Cross-Side-Behind**

- 1&2            ¼ Turn left and step RF to right, LF beside RF, ¼ Turn left and step backwards with  
RF (6 o'clock)  
3&4            ¼ Turn left and step LF to left - RF beside LF and step LF to left (3 o'clock).  
5-6            Cross RF over LF - weight back on LF  
&7            Step RF to right and cross LF over RF  
&8            Step RF to right and cross LF behind RF

## **Side-Cross, Side, Sailor Step Turning ¼ L, Step, Pivot ½ L, Touch Forward & Touch Forward &**

- &1-2            Step RF to right, cross LF over RF - Step RF to right  
3&4            Cross LF behind RF - ¼ turn left, RF beside LF and step forward with LF (12 o'clock)  
5-6            Step forward with RF - ½ turn left on both bales, weight at end left (6 o'clock)  
7&            Tap right toe in front and step RF beside LF  
8&            Tap left toe in front and LF beside RF

**Repeat to the end**

**And don't forget to smile, because dancing is fun!**

**There is no guarantee for errors in the translation, content, spelling, etc.!**

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