

CRASH A LITTLE

MUSIC: Crash by Usher. Available at iTunes, Amazon.com, Amazon.co.uk, Amazon.de. **SEQUENCE:** Begin after 16 count intro (start on the word "mind"). Restart after 16 counts* during 5th repetition.

COUNTS
32/4

LEVEL
BEG



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WALK FORWARD R-L, TOUCH FORWARD, STEP BACK, WALK BACK L-R, TOGETHER, KNEE POP

- | | | |
|-----|-------------------------|--|
| 1,2 | Walk right, left | Step R forward (1), Step L forward (2) |
| 3,4 | Touch, back | Touch R toe forward (3), Step R back (4) |
| 5,6 | Left, right | Step L back (5), Step R back (6) |
| 7&8 | Left, knee pop | Step L beside R (7), Bend knees raising heels (&), Lower heels with <u>weight on L</u> (8) |

SIDE POINT, STEP FORWARD, FORWARD TRIPLE, 1/4 PIVOT LEFT, CROSS TRIPLE

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|-----|--------------------------|---|
| 1,2 | Point, step | Touch R toe side right (1), Step R forward (2) |
| 3&4 | Triple step | Step L forward (3), Step R beside L (&), Step L forward (4) |
| 5,6 | Quarter turn | Step R forward (5), Turn 1/4 (9:00) left taking weight L (6) |
| 7&8 | Cross & cross | Step R across L (7), Step L side left (&), Step R across L (8) |

Your body should naturally be angled toward 4:30 now

*RESTART here during 5th repetition. To make this work, do NOT do the crossing triple. Instead, touch R beside L on count 7 and hold on count 8 (you'll be facing 9:00 when this happens). It is possible to dance through the entire song without this restart; however, doing it keeps you on phrase with the dancers doing Fred's "Crash."

DIAGONAL ROCKING CHAIR, DIAGONAL STEP TOUCHES TRAVELING FORWARD

Stay facing 4:30 for counts 1-6:

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|-----|-----------------------|--|
| 1,2 | Forward rock | Rock L forward (toward 4:30) (1), Recover R (2) |
| 3,4 | Back rock | Rock L back (3), Recover R (4) |
| 5,6 | Forward, touch | Step L forward (toward 4:30) (5), Touch R beside L (6) |

Angle body towards 11:30 for counts 7&8:

- | | | |
|-----|-----------------------|---|
| 7,8 | Forward, touch | Step R forward toward 11:30 (7), Touch L beside R (8) |
|-----|-----------------------|---|

DIAGONAL STEP TOUCHES TRAVELING BACK, HIP BUMPS R-L, HIP SHAKE LEFT

- | | | |
|-----|--------------------|---|
| 1,2 | Back, touch | Step L back toward 4:30 (1), Touch R beside L (2) |
| 3,4 | Back, touch | Step R back toward 1:30 (3), Touch L beside R (4) |

Square up to new wall on count 5:

- | | | |
|-----|----------------------|--|
| 5,6 | Bump, bump | Step L side left bumping hips/shifting weight left (5), Bump hips right/shift weight R (6) |
| 7&8 | Shake it left | Bump hips left twice (weight ends L) (7&8) |

START AGAIN AND ENJOY!

Created as a floor split for "Crash" choreographed by Fred Whitehouse. "Crash A Little" is designed to help you dance "open" (with body angled rather than squared up).