

You're Safe

Count: 48

Wall: 2

Level: Intermediate NC

Choreographer: Brandon Zahorsky (USA) - April 2026

Music: When I Stand - Owen James



2 Restarts/1 Tag

R NC Basic, Lift, Cross, Side, Sweep, Behind, 1/4 Turn, Together, Arms, Knee Pop

- 1,2& Step R side R (1), Close L next to R (2), Cross R over L (&)
3,4 Step L side as you lift up on the ball of both feet, pushing palms down (3), Cross R over L (4)
Styling: As you push down with your hands and up on your feet, this is to "never fall" and stand tall!
&5,6 Step L side (&), Step R back as you sweep L front to back (5), Step L behind R (6)
&7&8 Step R forward 1/4 turn R (&), Step L next to R and bring both arms up like you are flexing your muscles with fists clenched (7), Cross both arms over your chest (&), Pop R knee as you look down (8) (3:00)

Pop, Arms, 1/4 Turn Sweep, Cross, Recover, Side Rock, Recover, Behind, Side, Cross, L NC Basic

- 1,2 Pop L knee as you uncross your arms up in the air and look up (1), Step down on L as you sweep R 1/4 turn L (2) (12:00)
3&4& Cross rock R over L (3), Recover back on L (&), Rock R side R (4), Recover side L (&)
5&6 Step R behind L (5), Step L side L (&), Cross R over L (6)
7,8& Step L side L (7), Close R next to L (8), Cross L over R (&) (Arms up to push away with lyrics!)

Restart happens here on Wall 5 - Facing 12 o'clock

1/4 Turn Sailor Step, Sway x 2, Ball Step 1/4 Turn, Walk x 2, Rocking Chair

- 1,2& Step back on R as you sweep L 1/4 turn L (1), Step L behind R (2), Step R side (&) (9:00)
3,4& Sway hips L (3), Sway hips R (4), Step on the ball of L making a 1/4 turn L (&) (6:00)
5,6 Step R forward (5), Step L forward (6)
7&8& Rock R forward (7), Recover back on L (&), Rock R back (8), Recover forward on L (&)

TAG - Happens here on Wall 2 - Facing 12 O'clock

1/2 Turn Diamond

- 1&2 Cross R over L (1), Step L side (&), Step R back sweep L front to back making 1/8 turn R (2) (7:30)
3&4 Step L behind R (3), Step R forward 1/8 turn R (&) Step L forward sweeping R back to front (4) (9:00)
5&6 Cross R over L (5), Step L back 1/8 turn R (&), Step R side sweeping L front to back (6) (10:30)
7&8 Step L behind R (7), Step R Side 1/8 turn R (&), Step L forward (8) (12:00)

Note: Take your time with the diamond

Hard Step & Drag x 2, Rocking Chair, Cross, Side, Sweep, Behind, Side, forward

- 1,2 Heavy step R forward as you drag L toe next to R (1), Heavy step L forward as you drag R toe next to L (2)
3&4& Rock R forward (3), Recover back on L (&), Rock R back (4), Recover forward on L (&)
RESTART - Happens here on Wall 4 - Facing 12 o'clock
5&6 Cross R over L (5), Step L side (&), Step R back and sweep L front to back (6)
7&8 Step L back behind R (7), Step R side (&), Step L forward (8)

1/4 Turn Jazz-box, Pivot 1/2 Turn x 2, 1/4 Turn, Side, Behind, 1/4 Turn, Pivot 1/2 Turn, Full Turn

- 1&2& Cross R over L (1), Step L back (&), Step R 1/4 turn R (2), Step L forward (&) (3:00)
3&4& Step R forward (3), Pivot 1/2 turn L (&), Step R forward (4), Pivot 1/2 turn L (&) (3:00)

5&6& Step R side 1/4 turn L (5), Step L behind R (&), Step R forward 1/4 turn R (6) Step L forward (&) (3:00)
7&8& Pivot 1/2 turn R (7), Step L forward (&), Step R back 1/2 turn L (8), Step L forward 1/2 turn L (&) (9:00)

Note: You'll need to add a 1/4 L as you do your NC basic to re-start the dance facing the back wall

1,2& Step R side R 1/4 L (1), Close L next to R (2), Cross R over L (&)

TAG! 1/2 Turn Pivot, Walk, Walk

1,2 Step R forward (1), Pivot 1/2 turn L (2) (6:00)

3,4 Step R forward (3), Step L forward (4)

Note: This is meant to be a confident STRONG walk with hands clenched!

I hope you can connect with the music the way I did—and let it truly move you! Keep dancing!
